

Luminis Health Anne Arundel Medical Center Foundation

2025 Philanthropy Impact Report Team Wellbeing

CARING FOR CAREGIVERS, SO THEY CAN CARE FOR OTHERS

At Luminis Health Anne Arundel Medical Center (LHAAMC), exceptional care for patients begins with care for the people who deliver it. Our physicians, nurses, and team members bring extraordinary skills, compassion, and resilience to their work every day. Supporting their wellbeing helps sustain the high-quality care our community relies on.

Through philanthropy, LHAAMC continues to invest in programs and spaces that help caregivers rest, recharge, grow, and feel valued.

SPACES TO PAUSE, RESTORE, AND RENEW

Team Wellbeing Lounge

National research and feedback from LHAAMC employees pointed to a clear need for a quiet, dedicated space away from patient care areas where caregivers could reset during demanding shifts.

In response, and with donor support, the former Garden Café in the Rebecca M. Clatanoff Pavilion has been transformed into a bright, welcoming Team Wellbeing Lounge. Designed with direct input from staff, the employee-only space offers comfortable seating, calming design, and healthy grab-and-go snacks, creating a peaceful retreat for both clinical and non-clinical team members.

Since opening, nearly 20,000 employee visits reflect caregivers stepping into this space to regroup and renew. This space is a tangible expression of gratitude, a reminder that caring for our team is essential to caring for our community.



On July 9, 2025, LHAAMC celebrated the opening of the new Wellbeing Lounge with a ribbon-cutting ceremony. Made possible through the generosity of donors, the space provides employees with a welcoming place to rest, recharge, and reconnect.



Made possible through the generosity of Nature Sacred and Homestead Gardens, the Healing Garden provides patients, families, caregivers, and staff with a peaceful sanctuary for rest and reflection. Patients, families, and staff can relax on Nature Sacred's signature pickle-barrel bench, enjoy the soothing waterfall, and find a quiet moment to recharge amid the garden's natural beauty.

Healing Garden

In 2000, Tom and Kitty Stoner, founders of Nature Sacred, formerly the TKF Foundation, established a Sacred Place at their first health care institution—LHAAMC's Healing Garden. Through a longstanding partnership with Nature Sacred, the LHAAMC Healing Garden offers a quiet sanctuary for patients, families, caregivers, and staff.

A winding bluestone path and tranquil pond create space for reflection away from the bedside of the hospital. Nature Sacred's signature pickle-barrel bench invites visitors to sit, reflect, and record their thoughts in a weatherproof journal, offering a moment of stillness amid the pace of care. With a generous gift from Homestead Gardens, the Healing Garden is filled with lush planting, presenting a holistic approach to healing.

We remain grateful to the Stoner Family whose belief that access to nature is essential to healing continues through their family and the ongoing work of Nature Sacred, and their loyal partnership with LHAAMC.

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NATIONAL RECOGNITION FOR TEAM WELLBEING

Becker's Hospital Review

150 Top Places to Work in Healthcare, 2025

Forbes

America's Dream Employers, 2025

Newsweek

World's Best Hospitals, 2025

INVESTING IN GROWTH, CONNECTION, AND THE FUTURE OF CARE

Supporting the Next Generation of Caregivers

Established in 1990 in memory of a dedicated LHAAMC staff nurse, the Marlene Reiter Nursing Scholarship Program supports team members pursuing nursing education while continuing to care for patients.

Over the past 35 years, community generosity has made nearly 400 scholarships possible. In 2025, 26 nurses received \$5,000 scholarships to pursue nursing education.

New philanthropic support is expanding opportunities, with three annual scholarships now supporting colleagues in imaging and radiation oncology.

Your investments help caregivers grow professionally, expand their skills, and strengthen the quality of care delivered throughout our hospital and community.

"The nursing scholarship will allow me to complete the nursing program and achieve my long-time dream of becoming a nurse. This scholarship not only helps me reach my goal of entering a meaningful and rewarding profession but also empowers me to give back to my community and make a positive difference in the lives of others."

—Latice Dillingham, Patient Access for registration in the Emergency Department working toward her Bachelor of Science in Nursing.

EXTENDING CARE AND CONNECTION BEYOND THE BEDSIDE

Virtual Nursing Strengthens Patient-Centered Care

With donor funding, Virtual Nursing, an innovative model that enhances patient experience and supports bedside teams, continues to make an impact. Virtual nurses focus on coordination, communication, and discharge education, allowing bedside nurses more time for hands-on care.

Recently, virtual nurse Rachel Livingston prepared a Spanish-speaking patient for discharge after a complex surgical oncology procedure. Working closely with an interpreter, she reviewed drain and incisional care, medications, follow-up needs, and next steps to ensure a safe transition home. Thanks to the virtual platform, she was able to include the patient's daughter via telehealth so she could participate in the conversation. Rachel spent more than an hour making sure the patient and his family felt confident and supported.

The virtual nursing model strengthens care as an additional resource, not replacing bedside nurses. By enhancing communication and coordination, Virtual Nursing ensures patients receive thoughtful, thorough, and responsive support while easing the burden on bedside staff. It also creates meaningful career pathways for experienced nurses by reducing burnout, improving retention, and helping teams stay engaged, focused, and able to deliver the highest quality care.

BECAUSE OF YOU, CARE BEGINS WITHIN

Your generosity creates environments where caregivers feel appreciated, valued, and empowered. Thank you for strengthening the wellbeing of our team and the care they provide for our community every day.