



It's time to speak up, reach out and break the stigma. Let's make your mental health a priority.

We know mental health and substance use challenges and emergencies are scary and overwhelming. Not only for the person going through them, but for family and loved ones, too. We're a guiding light to get you through some of your darkest and most confusing times.

Mental health and substance use concerns range from mild, passing conditions to severe, life-altering illnesses. And they're often present at the same time as medical issues, like cancer and chronic pain.

No matter what you're dealing with, we're here to help.

Services we offer:

- Services for Children and Adolescents
- Behavioral Health Walk-In Urgent Care
- Inpatient Psychiatric Care
- Outpatient Therapy for Mental Health
- Inpatient Therapy for Substance Use
- Outpatient Therapy for Substance Use
- Psychiatric Day Treatment
- Adventure Therapy
- Family Wellness Workshops
- Support Groups

Locations:

J. Kent McNew Family Medical Center

175 Harry S. Truman Parkway, Annapolis, MD 21401

Phone: 667-204-7300

Luminis Health Doctors Community Medical Center Behavioral Health Pavilion

8200 Good Luck Road, Lanham, MD 20706

Phone: 301-623-4350



Learn more at

Luminis.Health/BehavioralHealth

IF YOU'RE IN CRISIS, REACH OUT FOR HELP.
If you or someone you know is having suicidal thoughts, call or text the 24/7 National Suicide Prevention Lifeline at 988.