



Power of 2 Stroke Mentor Program

Stroke Mentors encourage recovery, provide support, and inspire hope.

After a stroke, you may find yourself surrounded by healthcare professionals and loved ones who are giving you the best care possible but can't fully understand what you're going through. Stroke Mentors are trained, veteran stroke survivors who can help you confront the challenges ahead by sharing resources, validating your feelings or simply providing a listening ear. These special members of the healthcare team are individually selected for you based on factors like phase of life, background, and type of stroke.

Please contact Stroke Program Coordinator, Malorie Thomas, MSN, RN, at msmith9@luminishealth.org



Stroke Support Group for Stroke Survivors:

Monthly meetings are held every third Tuesday of each month 5:00 - 6:00 pm at Luminis Health Anne Arundel Medical Center and via Zoom.

Belcher Pavilion, 7th Floor

2000 Medical Parkway

Annapolis, MD 21401

Please contact us for the Zoom link.

Contact Information: Cindy Dorman at cdorman@luminishealth.org

443-481-4100

Caregiver Stroke Support Group for anyone who cares for or supports Stroke Survivors:

Monthly meetings are held every first Tuesday of each month 1200 - 1:00 pm via Zoom. Please contact us for the Zoom link.

Contact Information: Jesse Yoder at jyoder2@luminishealth.org