



Your Weight Loss Surgery Team

- Jilian Nicholas, DO



Location

Lanham

8116 Good Luck Road, Suite 210, Lanham, MD 20706



Contact Us

Phone: (443) 481-6699



The Weight Loss & Metabolic Surgery Program

Gastric Bypass vs. Gastric Sleeve





What is Gastric Bypass?

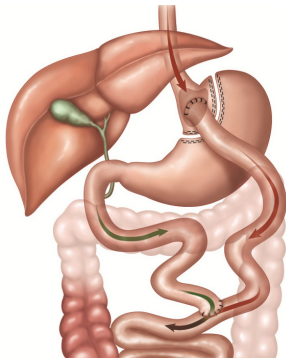
Gastric Bypass Surgery is a weight loss surgery that makes your stomach smaller and changes the way food moves through your body. Statistically, it is the most effective weight loss surgery.

How is it performed?

Your surgeon creates a small stomach pouch, directly attaching it to a lower section of your small intestine. With a smaller stomach pouch, you feel full sooner and stay full longer. As you eat less, your body stops storing excess calories and uses its fat supply for energy.

Gastric Bypass Benefits

- 65-70% excess body weight lost within first 12 months
- Reduces chronic conditions such as Type 2 Diabetes, High Blood Pressure, Obstructive Sleep Apnea



What is a Gastric Sleeve?

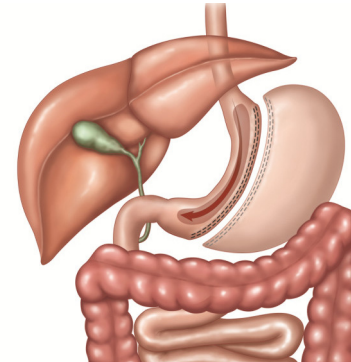
Gastric Sleeve or Sleeve Gastrectomy is a permanent weight loss surgery that reduces the amount of food that your stomach can hold, so you feel full longer and don't get as hungry. This surgery cannot be reversed.

How is it performed?

Your surgeon will remove about 80% of your stomach by creating a thin, vertical stomach pouch roughly the size of a banana. This reduces the amount of food your stomach can hold and can impact hormones in your gut that triggers hunger, fullness, and blood sugar control.

Gastric Sleeve Benefits

- 66% excess body weight lost within 3 years
- Reduces chronic conditions such as Type 2 Diabetes, High Cholesterol, Obstructive Sleep Apnea



Why choose Luminis Health?

Luminis Health is the **ONLY** program in Maryland to offer one-anastomosis gastric bypass. This procedure is a variation on gastric bypass and is the *newest* form of weight loss surgery. Unlike traditional Gastric Bypass, there is only one connection to the small intestine, making surgery less invasive and requires less time in the OR.



Do you offer Revisional Surgery?

Luminis Health is proud to offer revisional surgery to patients whose previous weight loss surgery didn't turn out as expected. We tailor each revisional bariatric surgery to your concerns. The surgeon may need to remove a faulty lap band or redo a gastric bypass using a more advanced technique.