Your Plastic Surgery Team

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Thank you for choosing Luminis Health Anne Arundel Medical Center
Trust in Luminis Health
Surviving breast cancer doesn’t have to mean major surgery or disfigurement. Advances in plastic surgery provide many options for breast reconstruction. Reconstructive plastic surgery is a powerful resource to help you feel whole again and back to your "normal" self. Our team works closely with Luminis Health breast surgeons, medical oncologists, radiation oncologists and radiologists. This means you have a comprehensive team with advanced training in surgical oncology and breast surgery.

Oncoplastic Reconstruction
This procedure is performed when the breast surgeon recommends a lumpectomy or partial mastectomy. We work alongside the breast surgeons to reduce and lift the breast at the same time they remove the cancerous tumor. Oncoplastic reduction can be combined with a contralateral breast reduction on the same, or different day, so the breasts match in size and shape.

Autologous Tissue Reconstruction
This method makes a ‘living implant’ from tissue in your body as a form of breast reconstruction. We perform this procedure in a variety of ways, including:

DIEP flap: Deep inferior epigastric perforator (DIEP) flap uses tissue from the lower abdomen to make a new breast mound, combining breast reconstruction with a tummy tuck.

Implant Based Reconstruction
Pre-Pectoral Direct To Silicone Implant Reconstruction
In this procedure, after the breast surgeon completes the mastectomy, we’re able to place an implant inside the remaining skin of your breast. The implant is a smooth round silicone implant above the muscle (pre-pectoral) and performed the same day as the mastectomy. This allows you to go to sleep with a diagnosis of cancer and wake up with the cancer removed and both breasts, or one, fully reconstructed.

Two-Staged Implant Reconstruction with Tissue Expansion
If you don’t have enough skin left to create a breast after a tumor removal, or the blood supply to the remaining tissue is impaired, a tissue expander is placed in the breast pocket instead of an implant. This technique gently stretches or expands the leftover skin to make room for a breast implant or flap in the future.

Other Services
Intra-Operative Spy PHI Elite
This advanced technology allows our surgeons to determine the health and blood supply of the skin after the mastectomy.

Autologous Fat Grafting
This removes fat from the upper thighs, flanks or abdomen and places it in your breasts to help get the desired size and shape.

Nipple & Areola Tattooing
Tattooing is a non-invasive method of creating a 3D appearing nipple areola complex after surgery.