Chart your Family Health

GRANDMOTHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

GRANDFATHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

GRANDMOTHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

GRANDFATHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

MOTHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

YOU
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

FATHER
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

SIBLING
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

CHILD
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

SIBLING
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

OTHER RELATIVES
DOB
Had Cancer Y or N
Which Cancer
Age of Diagnosis

Luminis Health Genetic Counseling
When to talk to a Genetic Counselor

Everyone should talk to their primary care provider about their family history to figure out what cancer screening is right for them. Some people should talk to a cancer genetic counselor about genetic testing for hereditary cancer. If you answer yes to any of the following questions, genetic counseling may be useful for you:

- Have you or a close relative been diagnosed with cancer before 50 years old, including breast cancer, colorectal cancer, kidney cancer, uterine cancer, or sarcoma?
- Do you have more than one relative with the same type of cancer? If yes, is the same type of cancer found in more than one generation?
- Has anyone in your family had a rare type of cancer such as male breast cancer, ovarian cancer, pancreatic cancer, metastatic prostate cancer, adrenocortical cancer, pheochromocytoma, or paraganglioma?
- Has anyone in your family had more than one type of cancer (not counting basal cell or squamous cell skin cancers)?
- Some organs, such as the breast, kidney, and eye, come in pairs. Has anyone in your family had cancer on both sides of a pair of organs?
- Have you or a close relative had more than 20 colorectal polyps found on colonoscopy?
- Are you related to someone who is known to have an inherited mutation that can increase risk for cancer?

Contact us for more information or to schedule an appointment

Phone: 443-481-5081
Web: luminishealth.org/en/services/genetic-counseling