



## 1. WHAT IS PREOP EVALUATION?



Most people are at low risk for complications during surgery. Today, your doctor will ask you questions about your age, medicines, health condition, past surgeries, use of alcohol and drugs, and activity level.

## 2. WHAT INCREASES MY RISK FOR SURGERY?

- heart disease
- diabetes
- kidney disease
- liver disease
- uncontrolled blood pressure
- bleeding disorders
- difficulty climbing a flight of stairs or walking
- obesity

## 3. WHAT CAN I DO TO LOWER MY RISK?



- Quit smoking
- Stop drinking alcohol
- Be sure to tell your doctor if you use drugs
- Be sure to tell your doctor about your medicines, including over the counter ones and supplements
- Stay active

## 4. QUESTIONS FOR MY DOCTOR

- Do I need any tests or labs before surgery?
- Should I stop any medications?
- Should I stop any over the counter medicines?
- What medicines do I continue after surgery?



## 5. ANY OTHER CONCERNS?

Getting ready for surgery can be stressful. As you get ready for your procedure, you may have more questions. Do not be afraid to discuss any concerns or questions beforehand with your doctor and surgeon.



# OPTIMIZING CO-MORBID CONDITIONS

## REFER TO CARDIOLOGY

- HISTORY OF MI IN PAST 6 MONTHS
- HISTORY OF VALVULAR DISEASE, AORTIC STENOSIS
- UNSTABLE ANGINA
- HEART FAILURE
- HIGH GRADE ARRHYTHMIA
- RCRI RISK >1% AND FUNCTIONAL STATUS ≤4 METS

## REFER TO ANESTHESIA/PAT 443-481-3624

- KNOWN OSA WITH DIFFICULT AIRWAY
- HX OF ANY ANESTHETIC COMPLICATION
- FHX OF MALIGNANT HYPERTHERMIA
- BARIATRIC BUNDLE PTS OR BMI>40
- HISTORY OF COAGULOPATHY FOLLOWED BY HEME

## DRAW PRE-OPERATIVE LABS

- SURGERY WITH FLUID SHIFTS AND HI EBL
- ACUTE LIVER DISEASE
- CHRONIC KIDNEY DISEASE
- KNOWN DIABETES
- KNOWN CORONARY ARTERY DISEASE
- KNOWN UNCONTROLLED HTN
- ACTIVE PULMONARY DISEASE

Loose, capped or artificial teeth

History of dental injury after anesthesia  
or excessive sore throat after anesthesia

History of requiring “small airway tube”

Elevated serum bicarbonate to predict  
OSA

BMI>40

Use OSA Site:  
<http://stopbang.ca/osa>

AAMC Anticoagulation Center 443-481-5826  
AAMC Anesthesia/Preadmission Testing 443-481-3624  
AAMC Prep Team 443-481-3920  
AAMC Tobacco Cessation Program 443-481-5366  
AAMC One Call Care Management 443-481-5652