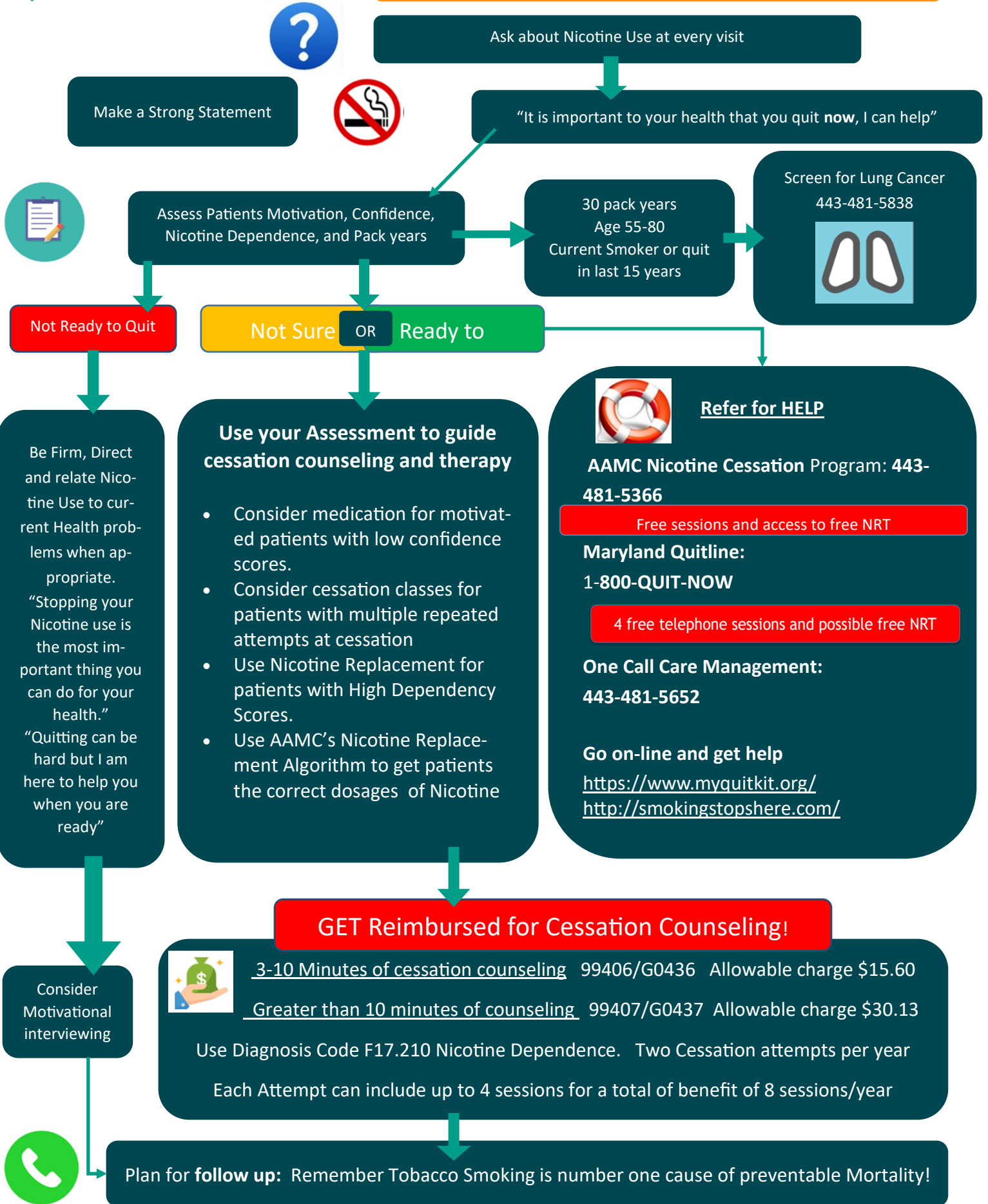


Tobacco Smoking is the leading cause of preventable mortality!



Make a Strong Statement



Ask about Nicotine Use at every visit

"It is important to your health that you quit now, I can help"

Assess Patients Motivation, Confidence, Nicotine Dependence, and Pack years

30 pack years  
Age 55-80  
Current Smoker or quit in last 15 years

Screen for Lung Cancer  
443-481-5838



Not Ready to Quit

Not Sure OR Ready to

Be Firm, Direct and relate Nicotine Use to current Health problems when appropriate.  
"Stopping your Nicotine use is the most important thing you can do for your health."  
"Quitting can be hard but I am here to help you when you are ready"

**Use your Assessment to guide cessation counseling and therapy**

- Consider medication for motivated patients with low confidence scores.
- Consider cessation classes for patients with multiple repeated attempts at cessation
- Use Nicotine Replacement for patients with High Dependency Scores.
- Use AAMC's Nicotine Replacement Algorithm to get patients the correct dosages of Nicotine



**Refer for HELP**

**AAMC Nicotine Cessation Program: 443-481-5366**

Free sessions and access to free NRT

**Maryland Quitline: 1-800-QUIT-NOW**

4 free telephone sessions and possible free NRT

**One Call Care Management: 443-481-5652**

**Go on-line and get help**

<https://www.myquitkit.org/>  
<http://smokingstopshere.com/>

**GET Reimbursed for Cessation Counseling!**



3-10 Minutes of cessation counseling 99406/G0436 Allowable charge \$15.60

Greater than 10 minutes of counseling 99407/G0437 Allowable charge \$30.13

Use Diagnosis Code F17.210 Nicotine Dependence. Two Cessation attempts per year  
Each Attempt can include up to 4 sessions for a total of benefit of 8 sessions/year

Consider Motivational interviewing

Plan for follow up: Remember Tobacco Smoking is number one cause of preventable Mortality!