

AAMC CCN Behavioral Health Integrated Pathway*

Patient in a CCN Practice Presents with Behavioral Health Issue
(during “normal” office hours M-F)

Ready to enter treatment for addiction now

Call One Call Care Management at 443 481 5652 and ask for the Behavioral Health Navigator, who will connect patient with treatment resource.
If patient prefers self-referral, instruct to dial 2-1-1 (24/7)

Depressed, has an eating disorder, or is emotionally overwhelmed

Administer age- and condition-appropriate screening tools**, assess for severity and risk and substance use disorders, eg. PHQ-9 and Suicide Risk Assessment Tool, CAGE-AID

Low risk for suicide or homicide

Refer to PCP (or you are the PCP)

If patient is depressed, rule out** bipolar disorder first before making medication choice

No PCP

Risk for suicide or homicide at least moderate

Patient exhibiting behavior that puts himself or others in potential danger

Dial 911 if in imminent danger. If patient and others are NOT in imminent danger of harm, call local Crisis Response team. Keep patient with you till they arrive or stay on the phone if patient called you.

Crisis Response by County:

Anne Arundel: 410 768 5522
Prince George: 301 429 2185
Calvert: 410 535 1121, 301 855 1075
Howard: 410 531 6006 or text HOME to 741741
Queen Anne: 888 407 8018
Talbot: 888 407 8018

If no PCP or if PCP desires additional resources to help patient, reference the CCN Outpatient Behavioral Health Resources Handout, or contact One Call Care Management at 443 481 5652

* Pathways are guidelines; always use clinical judgment and call if you need help! ** Screening tools are in the Toolkit, and also Epic (Assessments)

Depression-specific AAMC CCN Behavioral Health Integrated Pathway for patients aged 12 and over*

Patient has a positive depression screen on an age-appropriate PHQ-9** or on EPDS**, during routine wellness exam or post-partum check

Patient exhibiting behavior that puts himself or others in potential danger

If Question 9 is positive for Suicidal Ideation or patient reports Suicidal Ideation, assess suicidality using Ambulatory SBQ-R Screen/ASK Suicide**

SUICIDAL

Dial 911 if in imminent danger. If patient and others are NOT in imminent danger of harm, call local Crisis Response team. Keep patient with you till they arrive or stay on the phone if patient called you.

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Depression- Not at Risk for suicide or homicide

Depression- Unsure if Suicidal: Contact Crisis Response

Refer to PCP (or you are the PCP)

No PCP

Concern for additional diagnosis use Tool Kit screens**; e.g. Anxiety (GAD-7) or Bipolar (MDQ), Substance Abuse (Cage-Aid/Audit-C) etc...

If patient is depressed, rule out bipolar disorder first before making medication choice: Use MDQ Screen**

If no PCP or if PCP desires additional resources to help patient, reference the CCN Outpatient Behavioral Health Resources Handout, or contact One Call Care Management at 443 481 5652

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