

Support Groups

Please note: some of these groups are community partners that simply use space provided by AAMC. If you are new to a support group, we encourage you to reach out to the contact person listed here to confirm dates/times. *Updated December 2019.*

Alzheimer's Support Group

4th Tuesday, 7pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Katherine Gravelle, 443-463-8293

Bariatric Surgery Support Group

3rd Tuesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: 443-924-2900

Back to Work/Breast Feeding Support Group

1st Friday, 7pm
1730 West Street, Ste. 105, Annapolis
Contact: 443-481-6122 or
birthandbaby@aahs.org

Better Breathers Support Group

4th Thursday, Every other month, 9am
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Dana Wingert, 443-481-4069

Breastfeeding Support Group

2nd & 4th Thursday, 9am
Sajak Pavilion, 2nd Floor
Contact: 443-481-6122 or
birthandbaby@aahs.org

Diabetes Support Group

Every other month on a Wednesday,
6:30pm Doordan Institute, Belcher
Pavilion, 7th Floor. Contact: 443-481-4600
for dates and topics.

Healthy Hearts Cardiac Support

1st Wednesday, 7:30pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Barbara Furlow, 410-507-3766

Lyme Disease Support Group

3rd Saturday, 2pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Monte Skall, 703-821-8833

Ostomy Support Group

1st Thursday, 7pm (Mar, Jun, Sep, Dec)
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: kombaker@hotmail.com or 410-672-5219

Perinatal Loss Support

1st Monday, 7pm
St. Andrews United Methodist Church
Contact: Ann O'Sullivan, 410-570-2164

Post-Partum Depression Support Group

[Visit website](#) for dates/time and registration
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: 443-481-6122 or birthandbaby@aahs.org

Sibshops

Designed for children 5-8 years of age, the Sibshop program provides sibling support for young children with brothers or sisters with special needs. Contact: Christa, 410-222-6911 or cbellanca@aacps.org

Stroke Support Group

3rd Tuesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Jennifer Tinsley, 443-481-4100

Trauma Recovery Support Group

Every Monday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Rae Leonard, 443-481-1209

Cancer Support Groups:

Prostate Cancer Support Group

1st Monday, 4:30 pm
Belcher Pavilion, 7th Floor
Contact: LaKeisha Jackson, 443-481-5736

Ovarian Cancer Support Group

Every other month
Contact: Nancy Long at 410-849-3467